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George M. Goldston Jr., LMFT, Sup. Candidate

CURRICULUM VITAE

EDUCATION

Lewis & Clark College – *Master of Arts in Marriage, Couple & Family Therapy; Ecopsychology Certificate*

SEPTEMBER 2015 – AUGUST 2018, PORTLAND, OREGON, USA

University of South Carolina – *Bachelor of Arts in Media Arts*

AUGUST 2008 – DECEMBER 2012, COLUMBIA, SOUTH CAROLINA, USA

CLINICAL EXPERIENCE

Acceptance Wellness – *Owner & Clinical Director*

September 2018 – PRESENT; Johns Island, South Carolina

- Individual and couples therapy
- Supervision and graduate student internships
- Anxiety, ADHD, LGBTQ+, Couples Counseling
- Telehealth, In-Office and Nature Therapy

Alliance Counseling – *Individual, Couples & Family Therapist*

JUNE 2019 – DECEMBER 2021; Canby, Oregon

- Individual, couples and family therapy
- Telehealth, In-Office and Nature Therapy

Wolf Pack CTS – *Individual, Couples & Family Therapist*

SEPTEMBER 2018 – APRIL 2019; Beaverton, Oregon

- Individual, couples and family therapy
- In-office and in community therapy

Children's Center – *Graduate Student Therapy Intern*

MAY 2017 – AUGUST 2018; Vancouver, Washington

- Adolescent & Family Therapy
- Community Agency Therapy Services

Lewis & Clark Community Counseling Center – *Graduate Student Therapy Intern*

MAY 2017 – AUGUST 2018; Vancouver, Washington

- Individual & Couples Multicultural Therapy to Adults
- Low Cost OOP Community Therapy services

LICENSURE

Licensed Marriage & Family Therapist – *In Oregon #T1888*

Licensed Marriage & Family Therapist – *In South Carolina #7903*

CONFERENCE WORKSHOPS

Everything Conference – *Mental Health and the Multipotentialite*

SEPTEMBER 2019

- Guided picture card activities and discussion of identity intersections.

COUNSELING GROUPS

Adulting 101: Utilizing the Wellness Wheel – *1x with Alliance Counseling*

MAY 2021; ONLINE

Everything Conference – *3x with Alliance Counseling*

AUGUST, SEPTEMBER, OCTOBER 2020; ONLINE

Anti-Bullying Group – *1x with Lewis & Clark College*

SEPTEMBER 2016; IN-PERSON

Trainings, Workshops, Continuing Education and Certifications

The Lowcountry Mental Health Conference — *through Mental Health Heroes*

JULY 2022; ONLINE

The Unexplained Mysteries of Psychotherapy & Everyday Human Behavior – *1.25 CE; taught by Jeffrey Kottler, Ph.D*

What Can Go Wrong When Mental Health Orders Are Biologically Explained...And What Can Be Done About It! – *1.25 CE; taught by Woo-kyoung Ahn, Ph.D*

JULY 2022; ONLINE

Stump Jeffrey Kottler! A Q & A On All Things Psychotherapy –
1.25 CE; taught by Jeffrey Kottler, Ph.D

The Good, The Bad and the Funny – A Mental Health Story – 1 CE;
taught by Jessica Holmes, Mental Health Advocate

Every Wound Comes With Its Own World – 1 CE; taught by Bayo
Akomolafe, Ph.D

Promoting Mental Health Everywhere – 1.25 CE; taught by Steven
Page, Mental Health Advocate

**The Compassionate Inquiry Therapeutic Model: Exploring the
Unconscious Dynamics that Run Our Lives and How To Liberate Them**
– 3.25 CE; taught by Gabor Mate, M.D. & Sat Dharam Kaur, N.D.;
Part 1: Presence, Safety & Attunement; Part 2: Memories, Stories
& Beliefs; Part 3: Trauma, Disconnection & Constriction

A Tibetan Buddhist Perspective on Mental Health – 1 CE; taught
by The Venerable Geshe Dapka Topgyal, Spiritual Director of
Charleston Tibetan Society

**Dopamine: A Practical to Compulsive Overconsumption in A Reward
Overloaded World** – 1 CE; taught by Anna Lembke, M.D.

Trauma and the HEaling Power of the Creative Process – 1 CE;
taught by Wild Ponies, Band

**Providing Inclusive, Respectful Care to Gender Questioning,
Transgender & Nonbinary Clients** – 1 CE through *Light Up the Couch
& Clearly Clinical*; taught by Dara Hoffman-Cox, LPC

JULY 2022; ONLINE

Our Role Moving Forward: Reproductive Justice as Harm Reduction –
1.5 CE through *Light Up the Couch & Clearly Clinical*

JULY 2022; ONLINE

Providing Effective Therapy for Adult ADHD – 1.5 CE through
Simple Practice Learning; taught by Janet Niederman, PhD, LP

JULY 2022; ONLINE

Fundamentals of Therapy with LGBTQ Clients – 1 CE through *Simple
Practice Learning*; taught by James Guay, LMFT

JULY 2022; ONLINE

Tier One: Introduction to Military Culture and Deployment – 6 CE
through *Star Behavioral Health Program & Center for Deployment
Psychology*; taught by Star Behavioral Health

JULY 2022; ONLINE

Telehealth: Legal & Ethical Issues – 1 CE through Simple Practice Learning; taught by Benjamin E. Caldwell, PsyD, LMFT

JUNE 2022; ONLINE

Culturally Responsive Counseling with African American Clients – 1.5 CE through Simple Practice Learning; taught by Shawan Worsley, PhD, LMFT, LPCC

FEBRUARY 2022; ONLINE

Internal Family Systems Therapy Step by Step – 6 CE through PESI; taught by Frank Anderson, MD

JANUARY 2022; ONLINE

Breaking the Binge Eating Cycle – 2 CE through Simple Practice Learning; taught by Danielle Kenan-Miller, PhD, LP

JANUARY 2022; ONLINE

Ethics & Case Conceptualization of Gender Affirming Referral Letters – 1.5 CE through Unraveling the Acronym: Understanding LGBTQIA2+ Experiences & Subcultures; taught by Keith Gibson, PhD & Cynthia Shea Kimbrough

JANUARY 2021; ONLINE

Internal Family Systems Therapy (IFS): A Revolutionary & Transformative Treatment – 3.5 CE through PESI; taught by Richard C. Schwartz, PhD

JANUARY 2021; ONLINE

Cultural Values, Intelligence, Bias and Self Awareness – 3 CEUs through Lewis & Clark Center for Community Engagement; taught by Cheryl Forster, PsyD

NOVEMBER 2020; ONLINE

Shredded, Chiseled & Swole: Understanding & Addressing Men's Body Image – 6 CEUs through Lewis & Clark Center for Community Engagement; taught by Justin Henderson, PhD

OCTOBER 2020; ONLINE

Mindful Self Care for Clinicians – 1.5 CEUs through Rainier Springs; taught by Donald Altman, LPC

JUNE 2020; ONLINE

Nature Play Therapy Continuing Education Series — through Wonder Counseling & Consulting

JUNE-AUGUST 2020; ONLINE

Nature Play Therapy: The Dynamic Duo of Nature and Play Therapy – 2 CE, taught by Jamie Lynn Langley, LCSW, RPT-S

Cultivating Mindfulness Through Nature Play Therapy – 2 CE, taught by Lynn Louise Wonders, LPC, RPT-S

Utilizing the Metaphorical Healing Elements of Mother Earth in Nature Play Therapy – 2 CE, taught by Janet Courtney, PhD, LCSW, RPT-S

Gathering Earth, Air, Fire and Water: Accessing the Elements for Sand Trays in Nature Play Therapy – 2 CE, taught by Rosalind Heiko, PhD, RPT-S, ISST/CST-T

The Art of Listening to Nature Sounds in Play Therapy – 2 CE, taught by Rose LaPierre, LPC, ACS, RPT-S

Utilizing Nature's Gifts for Expressive Arts in Nature Play Therapy – 2 CE, taught by Jamie Lynn Langley, LCSW, RPT-S

Bringing Nature Into the Playroom – 2 CE, taught by Lynn Louise Wonders, LPC, RPT-S

Inviting the Wild: A Girl's Sand Journey in Jungian Nature Play Therapy – 2 CE, taught by Rosalind Heiko, PhD, RPT-S, ISST/CST-T

Touching Clay to Address Trauma in Gestalt Clay Therapy Encounter – 2 CE, taught by Janet Courtney, PhD, LCSW, RPT-S

Somatic & Grounding Techniques in Nature Play Therapy – 2 CE, taught by Rose LaPierre, LPC, ACS, RPT-S

Closure & Termination Techniques in Nature Play Therapy – 2 CE, taught by Rose LaPierre, Janet Courtney, Rosalind Heiko, Jamie Lynn Langley, & Lynn Louise Wonders

Ecopsychology Certification — Lewis & Clark College Center for Community Engagement

AUGUST 2017 - AUGUST 2018; IN-PERSON IN PORTLAND, OREGON

Intro to Ecotherapy – 1 Credit, taught by Patricia Hasbach, PhD

Theoretical & Empirical Basis of Ecopsychology – 1 Credit, taught by Patricia Hasbach, PhD

Expressive Arts Therapy – 1 Credit, taught by Peter Mortola, PhD

Animal-Assisted Therapy – 1 Credit, taught by Pilar Hernandez-Wolfe, PhD, LMFT, LPC

Ecotherapy & Applied Ecopsychology – 2 Credits, taught by taught
by Patricia Hasbach, PhD

Wilderness and Adventure Therapy Immersion – 2 Credits, taught by
Mitch Bacon, LMFT